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Addysg a Gwella Iechyd
Cymru (AaGIC)
Health Education and
Improvement Wales (HEIW)

Glan Clwyd Hospital

Foundation Programme Year 2

Updated: August 2020



Welcome to North Wales

Discover....

Snowdonia



Beautiful beaches



North Wales is the Adrenaline Capital of the UK

Famous zip wires



Surf Snowdonia



Glan Clwyd hospital is a 5 minute drive from Grwyth Castle, location for 2020 I'm a **Celebrity Get Me Out of Here**.



35 minute drive to the historical city of Chester – fantastic for shopping and eating out



One hour drive to Manchester Airport

Working at Betsi Cadwaladr University Local Health Board

Betsi Cadwaladr University Health Board is the largest health organisation in Wales, providing a full range of primary, community, mental health and acute hospital services for a population of around 676,000 people across the six counties of North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham) as well as some parts of mid Wales, Cheshire and Shropshire.

The Health Board employs around 16,500 staff and has a budget of around £1.2billion. It is responsible for the operation of three district general hospitals (Ysbyty Gwynedd in Bangor, Ysbyty Glan Clwyd near Rhyl, and Wrexham Maelor Hospital) as well as 22 other acute and community hospitals, and a network of over 90 health centres, clinics, community health team bases and mental health units. It also coordinates the work of 107 GP practices and NHS services provided by North Wales dentists, opticians and pharmacies.

Glan Clwyd Hospital (Ysbyty Glan Clwyd)

Glan Clwyd Hospital is located in an area of recognised natural beauty with Snowdonia, stunning pristine beaches and enchanting castles all nearby. The local area offers a wide variety of lifestyle and family options, and for those keen to maintain ties further afield, the area has excellent transport links including fast direct trains to London. The cities of Chester, Manchester, and Liverpool are within In addition, the hospital and health board has excellent academic links with The University of Bangor, Glyndwr University, as well as close links with medical schools in Cardiff, Swansea, Liverpool and Manchester. There is a very active programme of Medical and Dental Education at both Undergraduate and Postgraduate levels. The hospital works closely with Health Education and Improvement Wales to provide high quality education and training, meeting the requirements of these regulatory bodies while maintaining the Health Board's high standards of patient care. There are excellent opportunities for the right candidate to support the further development of education and training

Glan Clwyd Hospital provides a new outlook and environment for doctors starting work at the site thanks to a multi-million pound development of all areas including wards, theatres and outpatient areas. Recent additions have also included the Emergency Quadrant and North Wales Cardiac Centre.

The hospital offers a variety of specialist areas to further your career, being home also to the North Wales Cancer Centre. It recently introduced a clinical fellowship Programme for working in PHEMS, involving time spent in Critical Care here and also working with EMRTS on the Wales Air Ambulance at Caernarfon.

Postgraduate centre

The Postgraduate Department operates from the Education Centre located at the front of Glan Clwyd Hospital and strives to provide a central point of reference and support for all junior doctors at the different stages of their career. All members of the department contribute different aspects and aim to provide a rounded educational and pastoral service postgraduate centre.

North Wales Clinical School

The North Wales Clinical School (NWCS) provides high quality educational facilities for Medical Students on placement in North Wales. The NWCS has grown both in stature and capacity over the last decade and welcomes approximately 250 medical students per year to Glan Clwyd Hospital.

Fantastic Doctors' Mess



Glan Clwyd Hospital Accommodation



- All our accommodation is on site and within a few minutes' walk from the main hospital itself
- Single/Family accommodation is provided, but please note that there is limited couples accommodation available
- Within our singles accommodation, we provide own furnished bedrooms within a flat that houses a maximum of three persons. Within the flat the three occupants would share facilities (kitchens/bathrooms). Please note we do not have en-suite facilities. Domestic service is provided weekdays but not weekend nor Bank Holiday periods. Couples accommodation is fully self-contained. Also within the residential complex is a laundrette with ample self-dosing washing machines and dryers
- Parking is available outside the accommodation buildings
- Contact Derek Blythin Accommodation Manager – Tel No 01745 583910 Ext 7342 or via email derek.blythin@wales.nhs.uk

Endorsement from Dr Lee Wisby (Training programme Director)

The foundation programme at Glan Clwyd Hospital offers a broad variety of teaching and experience to UK and overseas graduates looking to lay the foundations of medical practice within a safe, structured learning environment. Our rotations offer general and sub-specialty medicine and surgery in a district general hospital as well as opportunities in primary care, emergency medicine and specialty areas such as dermatology, psychiatry, paediatrics and more. We have well-received academic posts and a friendly and experienced postgraduate team offering superlative pastoral care and support. Our trainees and trainers are valued, developed and supported. We offer a structured,

protected teaching program mapped and tailored to the Foundation Curriculum. We proactively deliver portfolio support and offer advice and guidance on safe and effective reflection, developing an interest in teaching/management and applying for your next job.

At YGC, we understand that clinical service must be balanced with effective training and we take our responsibility for developing excellent doctors very seriously indeed. Our team has an excellent understanding of training standards and expectations and the use of formal and informal feedback to improve the quality of service and training environments. Your voice will be heard here!

*****New for 2020*****

E-portfolio clinics Buddy mentoring system

Forward shadowing arrangement before rotating into next post

Tailored, pre-emptive advice on how to clear your ARCP before it is too late to make a difference

Would you like to know more...?

e-bost/email: Elaine.hughes2@wales.nhs.uk

Ffon/Tel: 01745 448788 ext 2788

Testimonial – Dr Abbey Rogers

Working at YGC provides a unique opportunity to become part of a tightly knit DGH community. The rural area not only provides an opportunity to explore The Great Outdoors, but also exposes you to a diverse patient population.

North Wales has so much to offer. From stunning beaches to the peaks of Snowdonia, there is so much on offer. A typical social might be a barbecue and bonfire on the beach, or a trek up Tryfan. However, if city life is more for you, Chester is on your doorstep and Liverpool not far away. And yes you can have dominoes delivered to the hospital.

The key thing that differentiates YGC from other hospitals has to be the postgraduate department. For many of us, the continuous guidance and support from the postgrad family evolves into true friendship. I have had a brilliant kick start to my career in this hospital and the lifestyle that has accompanied the job has given me an incredible year of happy memories.

Exploring North Wales



Comments from Academic F2 Trainee Dr Zain Habib

Working as an F2 in North Wales under the academic programme was a fantastic opportunity for me to be able to ensure I was able to get my top choice in the highly competitive CST selection process. I have no doubt that I would not have been able to achieve this without the benefits of the academic post.

I was able to develop my teaching skills, becoming an integral part of the North Wales Clinical School, and achieve a teaching qualification in the process.

I was able to have time to undertake various projects and develop my CV, achieving publications and international posters. I am optimistic my thesis will provide more opportunity for publications in high impact journals.

Along with this the clinical rotations attached to the post were of a high calibre - with a focus on training and enhancement of clinical skills. All three clinical supervisors in these rotations were hugely supportive and ensured all of our foundation programme training needs were met.

Overall, this was a hugely positive experience; I was able to find my feet as an independent clinician whilst being able to achieve the academic points needed to ensure the next steps of my career were achieved successfully.

Rotations – Master List

August 2021 to July 2022

The Programmes we have to offer are summarised below and detailed on the following pages.

There are three vacancies per Programme (a, b and c) that will undertake the listed placements each in a different order.

Programme	Placement 1	Placement 2	Placement 3
95	Paediatrics	General Internal Medicine/Geriatric Medicine	General Practice (emailed)

96	General Surgery	Emergency Medicine	Trauma and Orthopaedic Surgery emailed
97	Gastroenterology	General Practice	General Internal Medicine/Stroke Medicine
98	General Internal Medicine/Geriatric Medicine Emailed	Trauma and Orthopaedic Surgery Emailed	Urology
99	General Internal Medicine/Respiratory Medicine	Acute Medicine	Emergency Medicine
100	General Internal Medicine/Geriatric Medicine	Paediatrics	Dermatology
101	General Practice	General Surgery/Otolaryngology	General Psychiatry
112	Intensive Care Medicine	General Practice	Respiratory Medicine

Important Information

The placements and post descriptions provided are intended as a guide to inform applicants only. This does not form part of an employment contract and the Health Board reserves the right to alter any placements in line with requirements.

Programmes can change at short notice and banding may be amended. Please see the Wales Foundation School website for confirmation of any changes to our Programmes.

Placement Details

Specialty	Paediatrics
Programmes:	95 & 100
Band	1B
Description of placement	
FY2 doctors participate in the Tier 1, 1:10 Full shift, and General Paediatric rota.	

Assessment and management of acutely unwell children presenting to children's ward / CAU. Including initiation of management. Attendance at clinic sessions, including sub-specialties. Regular attendance at departmental and hospital /foundation teaching sessions. Time spent on neonatal unit, including baby checks.

During the placement, the foundation doctor would be expected to:

- i) Develop skills in recognising and treating a sick child. This will be demonstrated by increasing independence in initiation of appropriate early management, and can be further shown through completion of SLEs - specifically Mini-CEX and CBD.
- ii) Build on already established practical skills, learning to apply these skills to children and young people. Specific practical skills will include: Airway care including simple adjuncts, Blood culture (peripheral), IV Cannulation, IV infusion including prescription of fluids, Perform and interpret an ECG, Perform and interpret peak flow, Urethral catheterisation (male), Venepuncture. This will be demonstrated through the use of DOPS.
- iii) Develop an understanding of common infective conditions such as bronchitis, URTI, LRTI, gastroenteritis and sepsis. Demonstrate through reflective accounts progress made in treating these conditions and application to future patients.

Main duties of placement

Attendance on ward rounds, admission / assessment of acute referrals, review of ward attendance patients, attendance as observer in clinics, taking blood in morning phlebotomy sessions, review and follow-up of results, effective delivery of handover.

Educational Meetings:	Weekly F2 teaching, Wednesday 2 – 3pm Weekly Clinical Conference, Wednesdays 1 – 2pm Daily teaching after handover/ during ward rounds
Educational & Clinical Supervisors:	Dr Ingley & Dr M Sandman (Educational and Clinical) Consultants of the week –clinical supervisors

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	95
Band	1B
Description of placement	
The Trainee will work on ward 14 which is the Stroke ward. They will do their own daily ward rounds as well as attending a consultant ward round at least twice a week. They will be expected to perform all the required ward work for their patients and will at times be	

required to talk to families. They can also participate in the Stroke Thrombolysis calls that come up 9-5 and at times will see and clerk direct Stroke admissions to ward 14.

They will be expected to attend all the below teaching as well as participate in presenting at the Medical Grand Rounds as well as the Monday COTE teaching. Weekly MDTs are also held on ward 14 which they can attend and there is a monthly Stroke Governance meeting that they are encouraged to attend.

They will work on the medical on call rota including weekends and nights. This will involve the medical take, dealing with all acute medical admissions and attending post take ward rounds and handovers. They will also provide medical cover for the wards out of hours. While on call they will also attend cardiac arrest calls. While on call they will always have Registrar support.

They will be supporting two consultants on ward 14 who both do Medical on calls as well as their Stroke work. This means at times there will be outlying general medical and COTE patients that they will need to look after on other wards (with direct consultant support). Both consultants also have community beds and if desired by the trainee they can spend some time with the consultants when they attend their community hospitals.

Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly COTE teaching Mondays at 12:00</p>
Educational & Clinical Supervisors:	Dr Gordon Black

Specialty	General Practice
Programmes:	95
Band	None
<p>Description of placement Clarence House Medical Centre - clarencemedicalrhyl.co.uk Clarence Medical Centre has 16200 patients. It serves a diverse population including areas of high deprivation and a large care home population. You will be exposed to a wide variety of clinical cases in the community which will help you understand the interface between primary and secondary care. The surgery is a research and educational practice with medical students and GP registrars.</p>	



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Educational Meetings:	Daily- Hot reviews of clinical cases Weekly- lunchtime educational meeting at surgery. Weekly F2 teaching – Wednesdays – 2 – 3pm
Educational & Clinical Supervisors:	Dr Simon Dobson(Educational/Academic)& GP team (Clinical)

Speciality	Emergency Medicine
Programmes:	96 & 99
Band	1A
Description of placement	
<p>The department is staffed with a mixture of Consultants, SAS Doctors (24/7 middle grade rota in operation) and juniors. In addition, there is a strong nursing team including ENPs, extended scope physiotherapists and an evolving team of Advanced Nurse Practitioners. Our department is part of a new build Emergency Quadrant, completed just over 5 years ago, future proofed to deal with an annual attendance of 70,000. The Emergency Quadrant includes an acute medical unit, surgical assessment unit, and a co-located GP OOH unit. We last year enhanced our model of care through the development of a Same Day Emergency Care (SDEC) unit for ambulatory cases, which is now supported by a full-time acute physician. This joint medical and surgical unit was the first of its kind in Wales, and helped attract national attention for the Innovative way in which we had joined these teams, and developed new pathways from ED. We are planning to augment our service with the addition of a frailty unit and a GP admissions area</p>	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Emergency Medicine teaching
Educational & Clinical Supervisors:	Dr Tom O’Driscoll & Dr Paul Spambo

Specialty	General Surgery
Programmes:	96



Band	1B
<p>Description of placement The type of work to expect and learning opportunities</p> <p>Looking after surgical inpatients, under the supervision of registrars and consultants. Assessing patients presenting as emergencies, and contributing to their assessment and resuscitation. The range of clinical presentations, and the underlying pathology, is immense, so learning opportunities are abundant. There are also opportunities to learn clinical skills, operative skills, and non-clinical skills such as teaching, audit and research. Furthermore, there are regular teaching sessions and other educational activities.</p> <p>Main duties of the placement</p> <p>Ward rounds in a clinical team; supervision of FY1 doctors; clinical ward-based work, including procedures; discharge summaries and communication with GPs; communication with other professional groups; teaching medical students and FY1 doctors; audit projects.</p> <p>Typical working pattern in this placement</p> <p>8am to 4pm, with on call days from 8am to 9pm, and on call nights from 8.30pm – 8.30am (including weekends). Rota days off after on calls.</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays– 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Surgical Teaching, Fridays 8 – 9am</p>
Educational & Clinical Supervisors:	Mr Richard Morgan

Specialty	Orthopaedics
Programmes:	96 & 98
Band	1B
<p>Description of placement Glan Clwyd and Abergele Hospital. 12 x Orthopaedic Consultants. Trauma on call, emergency cover & exposure to elective orthopaedics</p>	



<p>F2 Doctor will be involved in looking after ward patients, dealing with Orthopaedic referrals from ED. Being on the on call rota for Orthopaedics with supervision from the middle grade and Consultant on call with him.</p>	
<p>Educational Meetings:</p>	<p>Weekly F2 teaching – Wednesdays– 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Surgical Teaching, Fridays 8 – 9am</p>
<p>Educational & Clinical Supervisors:</p>	<p>Mr Amir Hannah & Mr Farhan Alvi</p>

<p>Specialty</p>	<p>Gastroenterology</p>
<p>Programmes:</p>	<p>97</p>
<p>Band</p>	<p>1B</p>
<p>Description of placement Ward 9, Glan Clwyd Hospital The department of Gastroenterology medical staffing consists of four consultants, one specialist registrar, two CT2, one F2 and one F1. The department is part of the department of general medicine. The hospital has an unselected busy acute medical take. This is a ward-based post with on call commitments. There are excellent educational facilities and opportunities with regular general medical regular meetings (three a week). The post delivers on general medical foundation learning opportunities including exposure to a wide variety of medical conditions on call, enabling taking a history and examination, developing a plan of investigation and management, excellent exposure to perform practical procedures. Up to date is available. Specialty education offers a weekly gastroenterology education meeting which the post holder will contribute to, demonstrating knowledge acquisition and presentation skills, as well as understanding the importance of clinical governance with regular governance and case based audits of team members. This is a busy post and the trainee develops skills in time management, good team working and communication, on a background of learning hepatobiliary and luminal gastrointestinal disorders, and develop competency at performing abdominal paracentesis. On site library and IT facilities.</p>	

Ward based duties predominantly, working closely with ward staff. Provide cross cover and ensure all leave is arranged in a timely fashion with due notice and appropriate cover. On call commitment to be part of the unselected medical take. Ensure electronic discharge summaries completed. Attend and contribute to educational meetings

Educational Meetings:

Weekly F2 teaching – Wednesdays – 2 – 3pm
Weekly clinical conference – Wednesday 1 – 2pm
Weekly Physicians’ Round – Fridays 11:30-12:30
Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00

Educational & Clinical Supervisors:

Dr Aram Baghomian

Specialty	General Practice
Programmes:	97
Band	None
<p>Description of placement Gwrych Medical Centre, Abergele - www.abergele-surgery.co.uk Supervised clinics in primary care seeing patients and all clinics being reviewed by experienced GPs. Opportunities to sit in with varied members of the healthcare team (the induction program to the surgery includes sitting in with various GPs, the asthma/COPD nurse, diabetes nurse.) Home visits – up to 2 daily as per requirement of the practice. Weekly tutorials are offered alongside GP specialist trainees (or separately if preferred.)</p> <p>Main duties of the placement Clinics seeing patients in general practice – we do not operate triage so whatever patients present with will be seen – with an allocated GP to provide supervision and support for each session (clinic.) Home visits as required.</p>	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm One to one teaching
Educational & Clinical Supervisors:	Dr Kate Davies and Dr Jeremy Honeybun

Specialty	General Internal Medicine/Stroke Medicine
Programmes:	97
Band	1B
Description of placement Geriatrics, General medicine and Stroke placement based on ward 14 with on calls. Excellent clinical experience with the opportunity to see, manage and learn about a wide variety of clinical cases during Medical on call. Experience in managing Acute Stroke victims including thrombolysis. Engage with Multi-disciplinary team providing inpatient rehabilitation. Excellent teaching provided and opportunities for presenting at the different educational forums.	
Educational Meetings:	Weekly F2 teaching – Wednesdays– 2 – 3pm Weekly clinical conference – Wednesday 1 – 2pm Weekly Physicians’ Round – Fridays 11:30-12:30 Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00 Weekly COTE teaching Mondays at 12:00
Educational & Clinical Supervisors:	Dr K N Ganeshram and Dr GD Black (ES)

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	98
Band	On call for acute medicine Rote (1B)
Description of placement Ward 1 The trainee would be based on ward 1. It is a 24 bedded care of the elderly ward where the trainee would receive a wide range experience in managing elderly patients with	

acute medical problems, discussing with families, discharge medications and engaging in end of life discussions.

They would do on call for acute medicine

There are two consultants and the team is supported by a registrar, internal medicine trainee, GPVTS trainee and a FY1 trainee.

Both consultants do two wards each and there is consultant presence every day.

They would also get opportunities to teach fourth and fifth year medical students.

Educational Meetings:

Weekly F2 teaching – Wednesdays – 2 – 3pm

Weekly clinical conference – Wednesday 1 – 2pm

Weekly Physicians’ Round – Fridays 11:30-12:30

Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00

Weekly COTE teaching Mondays at 12:00

Educational & Clinical Supervisors:

Dr I Chatterjee and Dr V Adhiyaman

Specialty	Urology
Programmes:	98
Band	1B
<p>Description of placement</p> <p>The doctor will provide care for elective and emergency patients in a busy Urology Department. The Department performs 555 elective inpatient cases, 2000 day case procedures and admits 620 emergency patients a year. There is ample opportunity to gain experience and knowledge in the management of patients presenting with common Urological complaints. The rotation also provides exposure to non-acute and urgent suspected cancer clinics, day-case lists and theatre.</p> <p>Three days a week and an additional fourth day bi-weekly, are dedicated to Teaching. There is also Weekly Consultant Teaching Ward Rounds and MDT for direct supervision and feedback.</p> <p>The Department is engaged in multiple Audits and Research projects which the doctor is encouraged to be a part of.</p>	
Educational Meetings:	Weekly F2 teaching, Wednesdays, 2 -3pm

	<p>Weekly Clinical Conference, Wednesdays 1 – 2pm Weekly Surgical Teaching Friday 8-9am Bi-Weekly Urology Teaching Wednesday 1230-130pm Weekly Consultant Teaching Ward Rounds Weekly MDT Wednesday 9-10am</p>
<p>Educational & Clinical Supervisors:</p>	<p>Professor Kingsley Ekwueme (Clinical Lead) Ms Carnjini Yogeswaran (Educational & Clinical Supervisor) Mr Vaikuntam Srinivasan (Educational & Clinical Supervisor)</p>

Specialty	General Internal Medicine/Respiratory Medicine
Programmes:	99
Band	1B
<p>Description of placement Ward 11 F2 post in Respiratory medicine and general medicine on call rota. The Respiratory ward has 24 beds including 4 NIV beds. There are 2 respiratory teams on the ward to cover these beds each made up of 1 respiratory consultant, 1 respiratory registrar, an F2 or IMT and 1 F1. There are daily board rounds at the start of each weekday which are led by consultants but junior medical staff participate in. Consultant ward rounds occur twice a week and a registrar ward round once a week. The F2 is expected to attend the ward rounds, present patients, participate in education on the ward round and co-ordinate subsequent investigations, collection of results and complete discharge summaries. The F2 is also expected along with the F1 to complete 2 ward rounds each week. Consultants attend the ward daily in the afternoon to discuss cases and results. In addition to NIV the ward also has high flow nasal oxygen and an Ultrasound machine giving opportunities to learn about their use in respiratory medicine. In addition to the ward there is the possibility of attending both general respiratory clinics and specialty clinics including difficult asthma, lung cancer, pleural, ILD, COPD and bronchiectasis. There is also the opportunity to attend one of 2 procedure lists each week and gain exposure to EBUS and thoracoscopy in addition to Bronchoscopy. The F2 participates in the general medical on call rota in a F2 slot. This includes ward cover and seeing patients on a non selected take. The F2's work weekdays, weekends and nights. Consultant ward rounds occurs twice daily to review patient seen by junior medical staff. The respiratory department has an</p>	

educational departmental meeting every Monday and the F1 will take part in a rota to present cases/topics	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly Respiratory Teaching</p>
Educational & Clinical Supervisors:	Dr Robin Poyner

Specialty	Acute Medicine
Programmes:	99
Band	1B
<p>Description of placement</p> <p>The Department of Acute Medicine comprises 4 Consultant Physicians, currently:</p> <p>1x0.5 Acute medicine+0.5 Renal Medicine</p> <p>2x0.5 Acute medicine+ 0.5 Diabetes and Endo</p> <p>1x 1.0 Acute medicine.</p> <p>There is ambulatory care area, DVT service and ADTT service attached to the unit. The department serves Central North Wales with a catchments population of 250,000.</p> <p>Description of placement</p> <p>The Department of Acute Medicine comprises 4 Consultant Physicians of whom 2 do acute medicine and diabetes/ Endo and one does acute medicine and renal medicine. There is an associated specialist who covers review patients three days a week. There is ambulatory care area, DVT service and ADTT service attached to the unit.</p> <p>The department serves Central North Wales with a catchments population of 250,000.</p>	

There are F1 and F2 attached to the unit. They will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit till they transferred to the other medical wards.

The overall educational objectives of the F1 /F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to

- Take a history and examine a patient
- Identify and synthesize problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively

Become life-long learners and teacherspopulation of 250,000.

Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Ward teaching</p>
Educational & Clinical Supervisors:	Dr Sreemantula

Specialty	Dermatology
Programmes:	100
Band	1B
Description of Placement	

The Dermatology Department at Glan Clwyd consists of 3 Consultant Dermatologists, 2 specialist Registrars, 2 specialty doctors and 4 Specialist Nurses (2 of whom work part-time). There are sessions in Dermatological Surgery throughout the week.

The job involves the care of patients with dermatological conditions and is mainly outpatient based. There are clinics with each of the Consultant Dermatologists. There are ward rounds Monday to Friday where ward referrals are seen under supervision. The F2 doctor is responsible for the daily review of the dermatology patients admitted to the hospital.

Outpatient clinics in the dermatology along with ward rounds with the Consultant Dermatologists
Daily review of any dermatology inpatients

Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Physicians’ Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p>
Educational & Clinical Supervisors:	Dr Alison Godwin

Specialty	General Internal Medicine/Geriatric Medicine
Programmes:	100
Band	1B
<p>Description of placement</p> <p>Ward 2</p> <p>Geriatric & General medicine placement based on ward 2 with on calls. Excellent clinical experience with the opportunity to see, manage and learn about a wide variety of clinical cases during inpatient ward rounds (consultant led and independent rounds) and on calls. Excellent teaching provided and opportunities for presenting at the different educational forums.</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays – 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p>

	<p>Weekly Physicians' Round – Fridays 11:30-12:30</p> <p>Monthly Medical Governance meeting – 2nd Tuesday of the Month at 13:00</p> <p>Weekly COTE teaching Mondays at 12:00</p>
Educational & Clinical Supervisors:	<p>Dr S Chakrabarti (ES)</p> <p>Dr G Owen (clinical supervisor)</p>

Specialty	General Practice
Programmes:	101
Band	None
<p>Description of placement Betws-y-Coed Surgery - www.betwsycoedgpsurgery</p> <p>Providing primary care for Betws-y-coed and surrounding areas.</p> <p>Following induction, the doctor has his or her own clinics each morning and afternoon, except for weekly half day teaching based at YGC. We expect the Dr to be prepared for their clinic to start at 9, which should mean arriving about 8.45 to get the computer set up and to review relevant notes. The doctor's start with long appointment times to allow for review with a GP if needed, and time for documentation on a new clinical system, and as the placement progresses, the appointment times will usually shorten. There is always a GP available to discuss any problems- we see this placement as a great learning opportunity in F2. In addition to clinics, the doctor will be expected to review prescription requests, and respond to 'on the day' queries, which may involve seeing additional 'unplanned' patients. The doctor will join GPs on visits, and to do these independently as suitable opportunities arise. There are often 2 partners and 1 salaried Dr in the practice, practice manager.</p>	
Educational Meetings:	Weekly F2 teaching – Wednesdays – 2 – 3pm
Educational & Clinical Supervisors:	Dr P Keep, Dr G Sion Ad hoc teaching

Specialty	General Surgery/Otolaryngology
Programmes:	101
Band	None
<p>Description of Placement Ward 5</p> <p>The ENT department at Glan Clwyd is led by 4 consultant surgeons and serves a catchment population of 310,000 people</p> <p>The department provides a full range of ENT and audiological services. It provides regional services for Head and Neck cancer and Cochlear implants.</p> <p>It runs regular post graduate training courses both nationally and internationally The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances</p>	
Educational Meetings:	<p>Weekly F2 teaching – Wednesdays– 2 – 3pm</p> <p>Weekly clinical conference – Wednesday 1 – 2pm</p> <p>Weekly Surgical Teaching, Fridays 8 – 9am</p> <p>Ward teaching</p>
Educational & Clinical Supervisors:	Mr Richard Anthony

Specialty	General Psychiatry
Programmes:	101
Band	2 B
<p>Description of placement The post is at Hafod CMHT, which provides adult mental health care to the North of Denbighshire. Inpatient beds for the population are at The Ablett Unit Glan Clwyd Hospital. Which provides inpatient adult, older persons and rehab beds for the Conwy and Denbighshire catchment area of BCU</p> <p>The type of work to expect and learning opportunities</p>	

The F2 doctor base is Hafod a CMHT in Rhyl. Hafod provides primary and secondary community mental health service to the North of Denbighshire. The post holder will see patients in clinic with the supervision of a consultant psychiatrist.

Opportunities exist to spend time in psychiatric subspecialties including SMS, forensic, OPMH, LD and CAMHS.

The post holder will take part in an on call rota at the Ablett unit. Providing medical cover to the psychiatric wards including off site wards in Colwyn Bay and Ruthin.

The overall educational objectives of the F2 year are to provide the trainee with the knowledge, skills and attitudes to be able to :

Take a full psychiatric history and examine the patient

Undertake a full Mental State Examination

To develop skills in Cognitive examinations

Identify and act on problems

Identify various differing presentations to acute care

Identify delirium and undertake a differential diagnosis

Manage and treat violent and aggressive behavior with supervision

Keep accurate and relevant records

Follow-up and act on relevant investigations

Formulate a psychiatric diagnosis

Access Corroborative information

Undertake a risk assessment

Be the nominated deputy for the purposes of the MHA

Develop a working knowledge of the Mental Health Act and the Mental Capacity Act

Use evidence and guidelines to synthesize appropriate management plans

Communicate effectively with colleagues, patients and relatives

Act in a professional manner

Cope with ethical and legal issues that occur during a working day

Access help and advice in a timely fashion

Develop a working knowledge of the systems of acute care in Mental Health

Educational Meetings:

Weekly F2 teaching – Wednesdays– 2 – 3pm

Weekly Psychiatry teaching – Mondays 2 – 5pm

Educational & Clinical Supervisors:

Dr Stuart Porter

Academic Rotation

Specialty	Intensive Care Medicine
Programmes:	112
Band	TBC
<p>Description of placement.</p> <p>Welcome to the academic foundation year two programme at Ysbyty Glan Clwyd (YGC). This job involves Intensive Care, Respiratory Medicine & General Practice over three four-month rotations, plus an ongoing researching & teaching commitment.</p> <p>Throughout the year you will spend: three days per week working as part of the clinical teams; one day per week completing a Masters by Research (MRes) with Bangor University; & one day a week in the North Wales Clinical School (NWCS).</p> <p>In order to finish the year you need to complete exactly the same FY2 competencies as your full-time clinical colleagues.</p> <p>The information in this document is based on the experience of one of the current trainees the end of their academic FY2 year.</p> <p><u>Intensive Care Medicine (First floor)</u></p> <ul style="list-style-type: none"> - 08:30 – 17:00. Morning handover is at 08:30 (DON'T BE LATE!). Most people change into scrubs beforehand, ask someone to point you in the direction of the theatre changing rooms to collect them. - Each day there is a consultant led ward round in the morning, so get stuck in and review patients using the proforma. - Afternoons are for doing the jobs, reviewing new admissions, and seeing patients on the wards - Anaesthetics ICU teaching programme monthly, but ask questions any time. - There is a separate ICU induction document – this is available on the unit, and will be sent to you separately as well. - There are plenty of opportunities to do procedures like arterial lines if you would like to. - You'll be added to the ICU Medics WhatsApp group, which will contain everyone on ICU and will have useful information shared in it. - One consultant covering ITU per week plus one consultant covering HDU - Junior team is 1x middle grade (SpR or trust grade), 1 x Advanced Critical Care Practitioner, 1 x EPIC fellow or CT + 1 x FY2 (you) - You be part of the ICU team. You will be well supported. There will always be a higher ICU grade present. You are expected to review patients on the unit, attend emergency calls and get involved as much as you can. 	



KEY INFO

Clinical Days

Three days per week. Typically Wednesday, Thursday, Friday on ICU but negotiable with secretaries/supervisors/teams, and change for each rotation.

You need to be at FY2 teaching from 2-3pm on Wednesday PM so bear this in mind when on GP as there is a 15 minute drive to/from and an additional clinical session to miss if you're supposed to work the Wednesday, previously this has been negated by having their teaching day on a Wednesday as the teaching is on the floor below the clinical school.

Educational Meetings:	Weekly F2 teaching, Wednesdays, 2 – 3pm Weekly ICU MDT, Tuesdays 2-3pm Hospital conference Wednesdays 1-2pm BASIC Course (Basic Assessment and Support in ICU) – runs twice a year FUSIC Ultrasound course runs once a year
Educational & Clinical Supervisors:	Dr John Glen

[Specialty]	General Practice
Programmes:	112
Band	None
Description of placement	
<p>Welcome to the academic foundation year two programme at Ysbyty Glan Clwyd (YGC). This job involves Intensive Care, Respiratory Medicine & General Practice over three four-month rotations, plus an ongoing researching & teaching commitment.</p> <p>Throughout the year you will spend: three days per week working as part of the clinical teams; one day per week completing a Masters by Research (MRes) with Bangor University; & one day a week in the North Wales Clinical School (NWCS).</p> <p>In order to finish the year you need to complete exactly the same FY2 competencies as your full-time clinical colleagues.</p> <p>The information in this document is based on the experience of one of the current trainees the end of their academic FY2 year.</p>	



KEY INFO

Clinical Days

Three days per week. Typically Wednesday, Thursday, Friday but negotiable with secretaries/supervisors/teams. You need to be at FY2 teaching from 2-3pm on Wednesday PM so bear this in mind when on GP as there is a 15 minute drive to/from and an additional clinical session to miss if you're supposed to work the Wednesday.

Placement details.

Clarence House Medical Centre - clarencemedicalrhyl.co.uk

Clarence Medical Centre has 16200 patients. It serves a diverse population including areas of high deprivation and a large care home population.

You will be exposed to a wide variety of clinical cases in the community which will help you understand the interface between primary and secondary care. The surgery is a research and educational practice with medical students and GP registrars.

You will have 2 days a week dedicated to Academic time, when undertaken as part of the Academic Foundation Programme

Educational Meetings:	Daily- Hot reviews of clinical cases Weekly F2 teaching, Wednesdays, 2 – 3pm Weekly- lunchtime educational meeting at surgery.
Educational & Clinical Supervisors:	Dr Simon Dobson
Specialty	Respiratory Medicine
Programmes:	112
Band	TBC

Description of placement

Respiratory Ward 11

Welcome to the academic foundation year two programme at Ysbyty Glan Clwyd (YGC). This job involves Intensive Care, Respiratory Medicine & General Practice over three four-month rotations, plus an ongoing researching & teaching commitment.

Throughout the year you will spend: three days per week working as part of the clinical teams; one day per week completing a Masters by Research (MRes) with Bangor University; & one day a week in the North Wales Clinical School (NWCS).

In order to finish the year you need to complete exactly the same FY2 competencies as your full-time clinical colleagues.

The information in this document is based on the experience of one of the current trainees the end of their academic FY2 year.

KEY INFO

Clinical Days

Three days per week. Typically Wednesday, Thursday, Friday but negotiable with secretaries/supervisors/teams. You need to be at FY2 teaching from 2-3pm on Wednesday PM so bear this in mind when on GP as there is a 15 minute drive to/from and an additional clinical session to miss if you're supposed to work the Wednesday.

Respiratory (Ward 11)

- 8.45 – 5 pm. MDT board round at 8:45 each morning
- Two speciality registrars, one CMT/LAT SHO, two FY2s (including you!) & two FY1 doctors.
- The consultants cover the ward on a rotating pattern for 1 month each.
- The team is supported by a ward NIV nurse, smoking cessation practitioner, and a PA
- The medical rota co-ordinator will not have your name down on their rota as technically you are supernumerary. You will not have any on-call commitments but can choose to work locum shifts.
- Resp teaching/meeting Monday lunchtimes (go even if you're not on the ward that day)

Educational Meetings:

Weekly Physicians' Round
Weekly F2 teaching – Wednesdays – 2 – 3pm
Weekly clinical conference – Wednesday 1 – 2pm
Weekly Physicians' Round – Fridays 11:30-12:30
Monthly Medical Governance meeting – 2nd
Tuesday of the Month at 13:00
Weekly COTE teaching Mondays at 12:00

Educational & Clinical Supervisors:

Dr Daniel Menzies